

So you want to write an
inspirational book.

Now what?

Storymakers 2025
Thursday Workshop Workbook

Taught by Michelle Wilson

Exercises

- 1* WHY DO YOU WANT TO WRITE THIS BOOK?
- 2* NO, REALLY. WHY DO **YOU** WANT TO WRITE THIS BOOK?
- 1* WHAT IS YOUR MAIN THEME/MESSAGE?
- 3* WRITE MESSAGE/THEME IN ONE SENTENCE.
- 3* WRITE PRINCIPLES YOU'LL BE FOCUSING ON.
- 4* WHAT DO YOU WANT YOUR READER TO LEAVE WITH?
- 3* WRITE DOWN YOUR PROMISE IN ONE SENTENCE
- 4* START AT THE OPPOSITE OF THE LAST CHAPTER
- 6* WRITE REAL THINGS DOWN :)
- 3* DIVIDE YOUR MESSAGE INTO LOGICAL PARTS
- 3* BREAK PARTS INTO CHAPTERS
- 7* AT-HOME: USE OPTIONAL SPREADSHEET FOR CONTENT

ADDITIONAL BLANK EXERCISE SHEETS INCLUDED

WHY DO I WANT TO WRITE THIS BOOK?

WHAT IS MY MAIN THEME OR MESSAGE?

PARTS/Chapters

1 st Chapter			Last chapter
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THEME: _____

PRINCIPLES: _____

PROMISE: _____

PRINCIPLES

1st Chapter

2. Start at the OPPOSITE place of the Last Chapter.

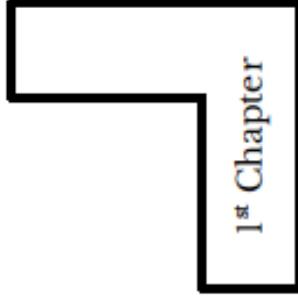
Lined writing area for the first section, consisting of 12 horizontal lines.

Last chapter

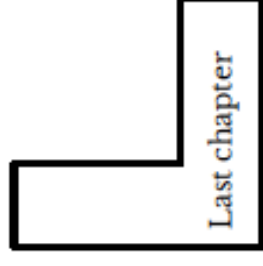
1. Where do you want your reader to be when they put your book down?

Lined writing area for the second section, consisting of 12 horizontal lines.

Bookend Breakdown



- Start with the problem
 - It should be the opposite of the beginning
 - Allows the reader to know you know how they feel--helps them feel seen and understood
- Give them a glimpse of the ending
- Explain problem/theme
- Hint at journey/solution
- End with promise and invitation to continue reading



- Revisit initial problem
- Recap journey/solution
- Summarize/recap theme
- Express excitement for and trust in the reader
- End with the promise and invitation to act

Real Stuff

1st Chapter

2. Start at the OPPOSITE place of the Last Chapter.

Handwriting practice lines for the first section, consisting of 10 sets of three horizontal lines (top, middle, bottom).

Last chapter

1. Where do you want your reader to be when they put your book down?

Handwriting practice lines for the second section, consisting of 10 sets of three horizontal lines (top, middle, bottom).

PARTS/Chapters



Chapter	Story name	Summary
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Chapter

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PARTS/Chapters

